

MAY MENU 2018

WEEK	MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	Main Dishes	NO SCHOOL		Meatball Sub	Sausage	BBQ Chicken
				Vegs	Egg Fried Rice	Potato Dumpling
	Vegs					
	Soup			Green Pumpkin Soup	Cabbage Soup	Green Pumpkin Soup
Fruit			Watermelon	Apples	Mango	

2	Main Dishes	Vegs Coconut Curry	Penne Chicken Carbonara	Beef Stew	Beef & Noodle Stir-fry	Chicken Strips
		Rice	Spring Roll	Baguette	Corn	Baked Potato Wedges
	Vegs			Carrot/ Cucumber		
	Soup		Radish Soup		Radish Soup	Vegetable Soup
Fruit	Oranges	Mango	Bananas	Watermelon	Apples	

3	Main Dishes	Vegetarian Pasta	Chicken Pasta	Meatball Sub	Sausage	BBQ Chicken
		Garlic Toast	Garlic Toast	Vegs	Egg Fried Rice	Potato Dumpling
	Vegs			Vegs		
	Soup	Vegetable Soup	Raddish Soup	Green Pumpkin Soup	Cabbage Soup	Green Pumpkin Soup
Fruit	Apples	Watermelon	Bananas	Oranges	Papaya	

4	Main Dishes	Vegs Coconut Curry	Beef Stew	Spaghetti Bolganese	Beef & Noodle Stir-fry	Chicken Strips
		Rice	Baguette	Garlic Toast	Corn	Baked Potato Wedges
	Vegs			Carrot/ Cucumber		
	Soup	Vegetable Soup	Raddish Soup	Raddish Soup	Cabbage Soup	Green Pumpkin Soup
Fruit	Watermelon	Bananas	Bananas	Mangos	Oranges	

BREAKFAST MENU

DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DISH	Egg Sandwich on Whole Wheat	French Toast with Honey	Pho Ga	Pancakes	Cereal with Milk